

### What does sustainability really mean?

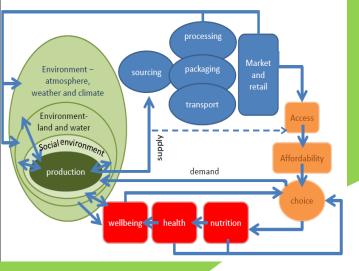


#### **Tim Benton**

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#### Stakeholders in:

Academia Industries Civil Society The Public



### MRC | Medical Research Council









food.gov.uk















# Global Food Security Programme

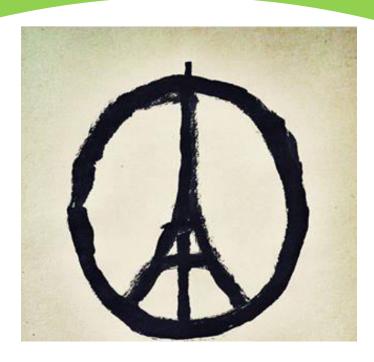
"Food security, nutrition and sustainable agriculture must remain a priority on the political agenda, to be addressed through a cross-cutting and inclusive approach, relevant to all stakeholders at global, regional and national level." [G8 statement July 2009]

 We foster a systems' view across all major public funders of research



Sustainable, healthy food for

#### 2015 game changers

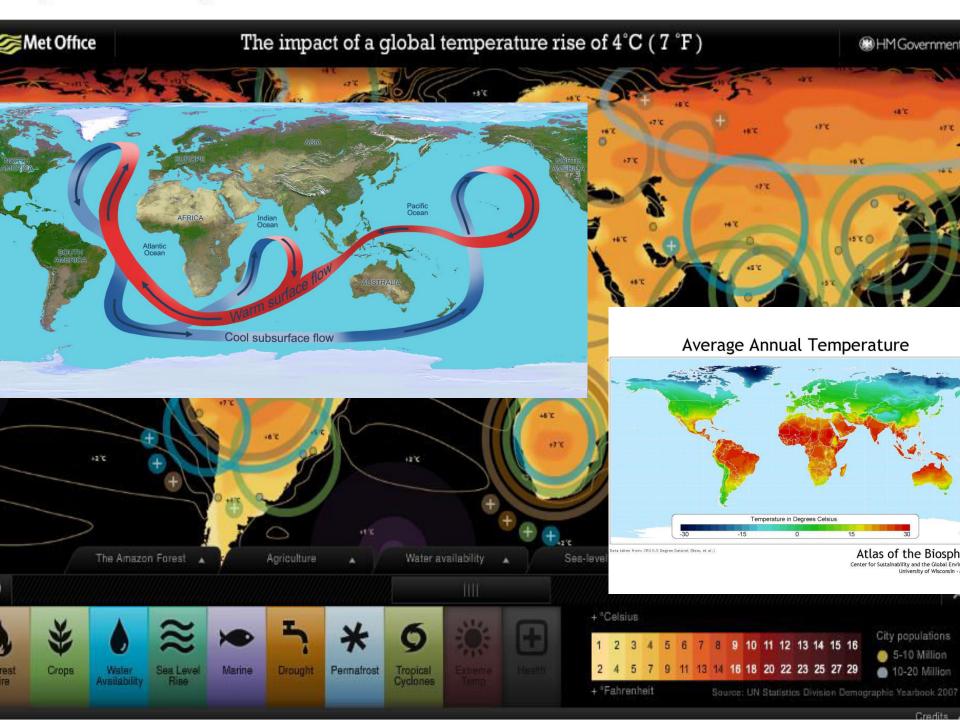


#### People

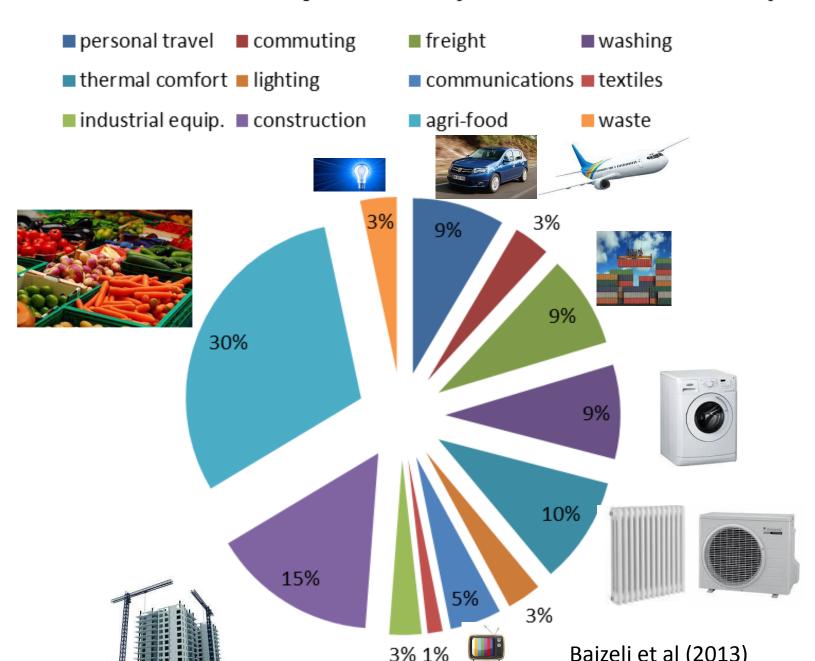
We are determined to end poverty and hunger, in all their forms and dimensions, and to ensure that all human beings can fulfil their potential in dignity and equality and in a healthy environment.

#### Planet

We are determined to protect the planet from degradation, including through sustainable consumption and production, sustainably managing its natural resources and taking urgent action on climate change, so that it can support the needs of the present and future generations.



#### GHG emissions by service (50.6 Gt CO2e total)





Food security occurs when all people at all times have access to sufficient, safe and nutritious food that meets their dietary needs and preferences for an *active and healthy life* 



# 12th European Nutrition Conference FENS 2015

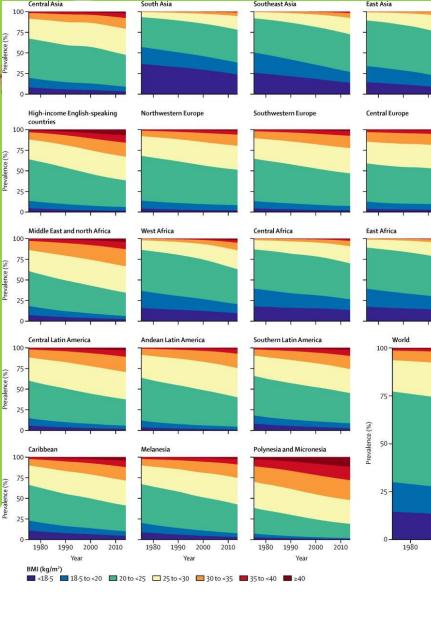
Nutrition and health throughout life-cycle

2016 > 2100



83.3





Trends in adult body-mass index in 200 countries from 1975 to 2014: a pooled analysis of 1698 population-based measurement studies with 19·2 million participants The Lancet Volume 387, Issue 10026, Pages 1377-1396 (April 2016) DOI: 10.1016/S0140-

6736(16)30054-X

High-income Asia Pacific

Eastern Europe

Southern Africa

1990

Year

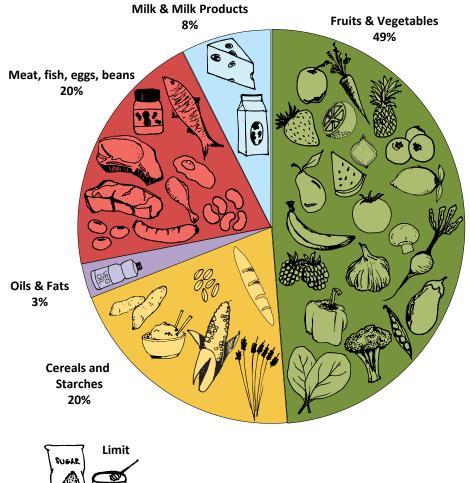
2000

2010

Trends in age-standardised prevalence of BMI categories in women by region

Very very obese
Very obese
Obese
Overweight
Normal
Low normal
Underweight

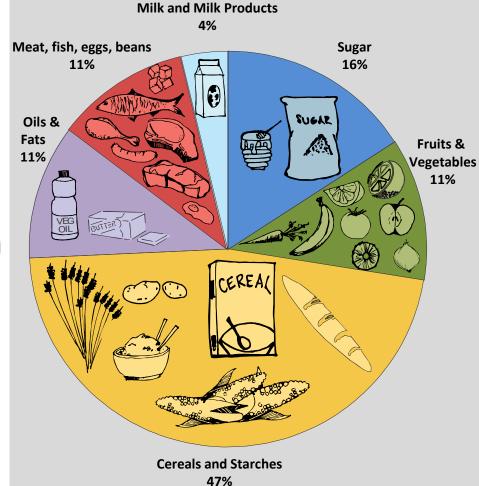
### What we should be eating (Harvard's Healthy Eating Plate Model)



WHO<

5%

### What we are actually producing (According to 2011 FAO)



Evan Fraser, Guelph, FBS analysis, 2015





### Our food system isn't sustainable



- Diet is related to ill health globally
- Production of few commodities at large scale is environmentally detrimental (soils, water, biodiversity etc)
- Cheap food produces waste
- Responsible for significant amount of global warming



#### WHAT IS SUSTAINABILITY?

Sustainability is not "increasing efficiency"



Brundtland Report (1987): "Sustainable development is development that meets the **needs** of the present without compromising the ability of future generations to meet their own needs."

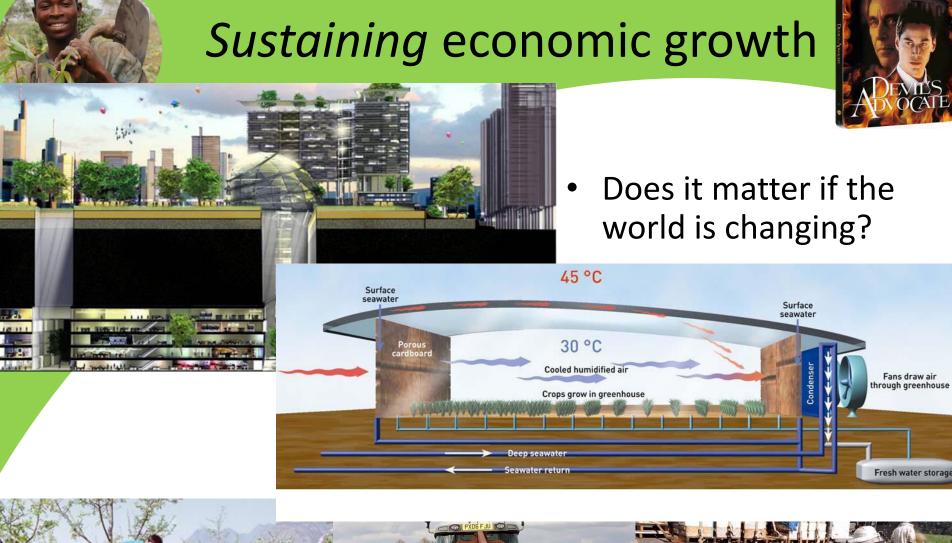


#### Terminological inexactitude

Brundtland Report (1987): "Sustainable development is development that meets the **needs** of the present without compromising the ability of future generations to meet their own needs."

UN Agenda for development (1997) articulated that sustainability has three dimensions: envt, econ and social

- Definitions so broad as to be impossible to operationalise
- UN agenda implied equal weighting of three dimensions
- Often implicit assumption that economic and social are corelated
- From a "first principles" perspective can expect envt to ultimately underpin the other two



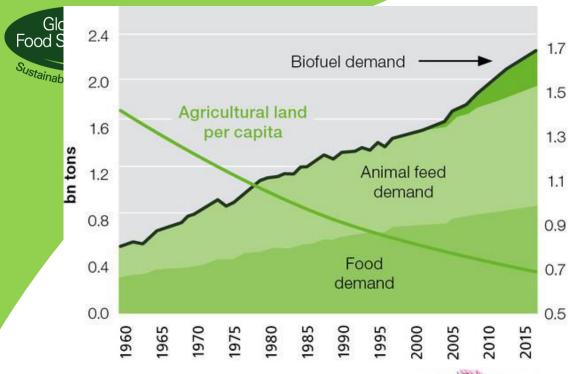
KEANU REEVES AL PACINO

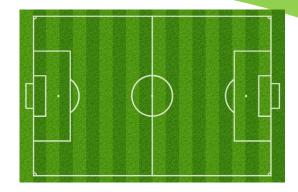




### Are there limits to environmental exploitation?

ha Agricultural land per capita





- Global output gone up nearly 4x
- Pop size 3bn to 7bn





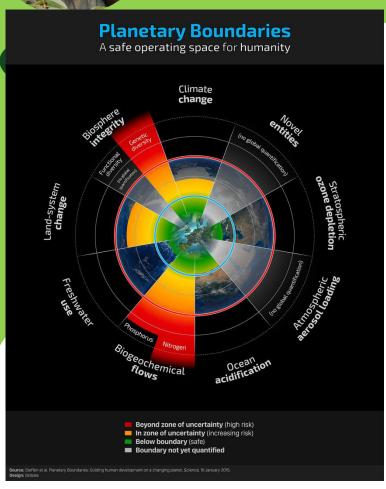




15 gallons



#### Sustaining what?



- Growth?
- Whilst minimising impacts?
- Whilst maintaining natural capital?
- Whilst avoiding tipping points?
- Whilst keeping the world as it is?





## WHY IS SUSTAINABILITY NOT (JUST) ABOUT EFFICIENCY?

e.g. reducing waste, reducing packaging, reducing energy



#### Jevons' paradox: efficiency's dark side

- Genetic breeding and selection has more than doubled chicken yields at slaughter age (42 days) and halved the feed required
- Feed efficiency continually improving. For the same volume, UK impact in 15 years time as follows:
  - o 86,000 tonnes less feed per year saving £10M pa
  - o 288,000 tonnes less CO<sub>2</sub> equivalents per year valued at £8M pa

ACRBC 1957 Males – 2001 Feed





**Day 43** 



Year	1976	1999
Live weight at 42 days	1050g	2600g
Age at 2kg	63 days	36 days
Yield of breast meat	250g	340g
Feed/1kg breast meat	20kg	10kg

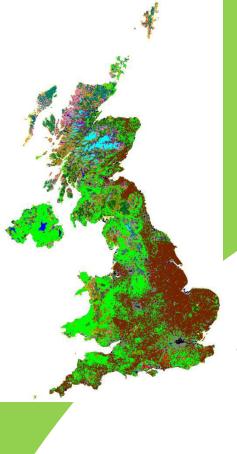












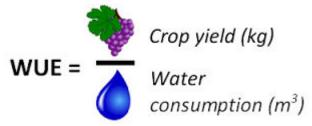
Better soil health
Less impact on water and
atmosphere
Lower residues in food
More resilient to extremes
(e.g. drought)
More biodiversity etc



#### Changing demand is part of "sustainable"



# Recipe-based approaches don't deliver sustainability (sensu stricto)



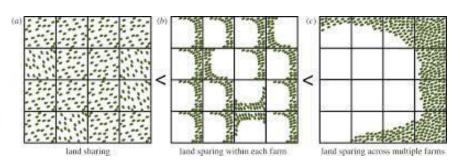




- Huge number of variables across the three dimensions: "who choses which matters most"?
- "optimising" formally difficult because "who decides the weights?"
- Every place is different, and the "best thing" to do "depends..." (on place, on neighbours etc)
- Systems also very leaky: stakeholder mapping tricky

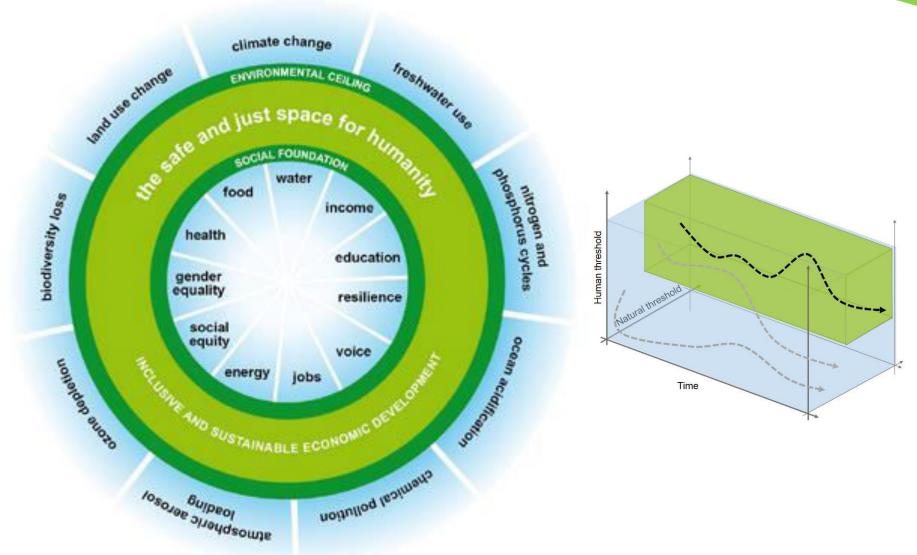
# Place-based solutions are part of SI

- It is possible to "design" landscapes better to deliver a range of goods
- Governance issues abound





### Safe operating spaces



http://www.kateraworth.com/doughnut/



### Sustainability in the food system





- No simple solutions (like increase efficiency; zero waste; develop GM; eat local; eat organic).
- Innovation needed in many areas
  - Make ag more sustainable through efficiency of process and in space
  - Maintain ecosystem services
  - Increase equity
  - Waste: Reduce first and reuse second
  - Make diets healthier and reduce demand



#### **NEED FOR CHANGE**



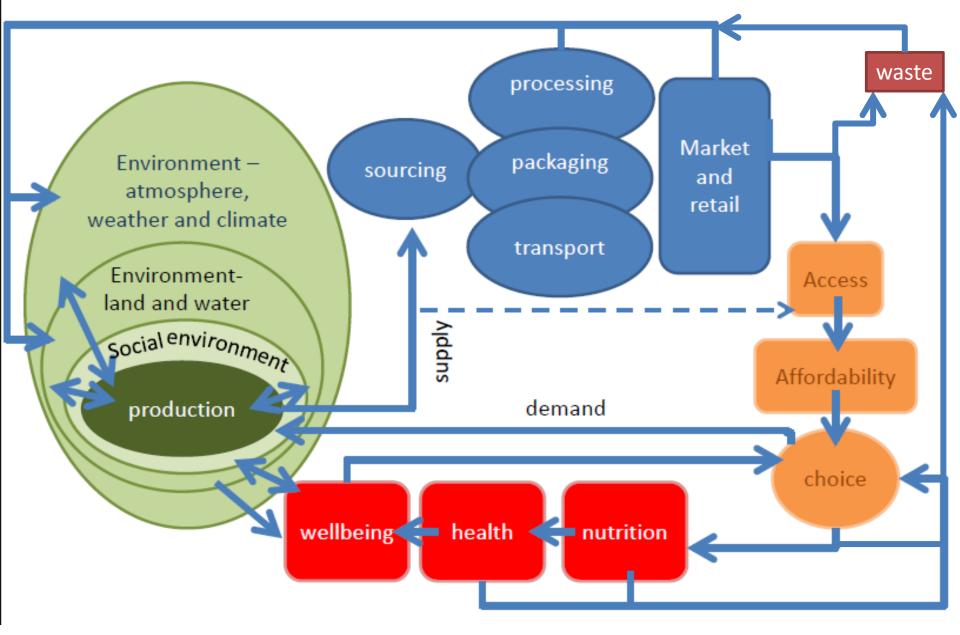
### Globally, if we carry on as we are...



- We need to produce more food by 2050 than we have done in human history
- This will require 120% more water;
   42% more cropland and loss of 14% more forest
- This will emit enough carbon dioxide to create 2 degrees of global warming
- We'll lose much of the world's biodiversity
- Food will increasingly be associated with early deaths

Importance of food-demand management for climate mitigation

NCC 2014

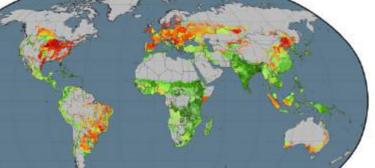


How do we make the system "sustainable"?

# Leverage point to make space for sustainable agric







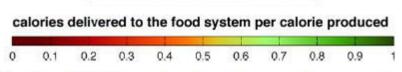


Figure 1. Calorie delivery fraction per hectare. The proportions of produced calories that are delivered as food are shown.



The population of all Asia is 4.2bn

E S Cassidy et al

Environ. Res. Lett. 8 (2013) 034015

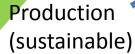


# Business as usual is a Jevon's paradox: more is not enough





Less waste
Healthy consumption
Low environmental impact
Managed demand



#### Sustainable nutrition

Production (unsustainable)



Cheap food

#### The M25 model



Waste
Over consumption
Environmental impact
Increasing demand

2/3\*2/3\*(1-(1/3\*1/5))=56/135=41% used Food not lost/wasted/fed to animals or overeaten



### Valuing more than price





- Price is the lowest common denominator
  - All being equal price is a good descriminator
- Focus groups emphasise "I don't understand why sustainability matters; I don't trust green labels and I didn't know what impacts my food choices have"
  - All is not equal: how can markets differentiate the "unequalness"?



Who has the power?

Who has the power to change it?

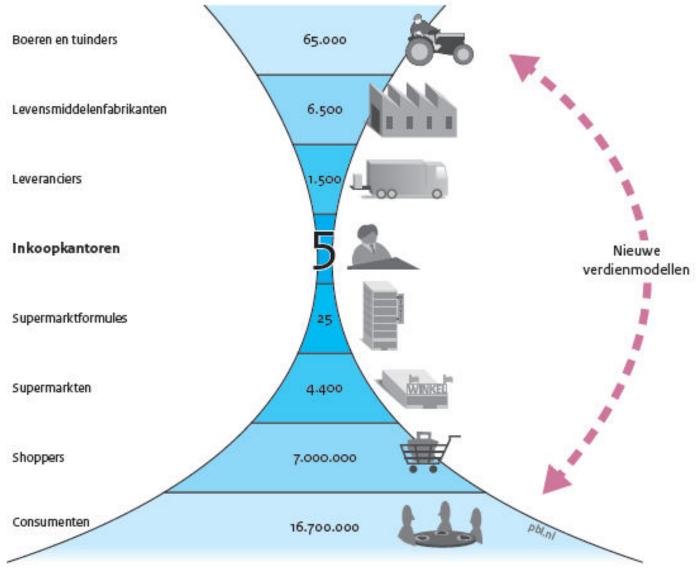


Fig p 13 from "Environmental Balance" report by the Dutch Environmental Agency <a href="http://themasites.pbl.nl/balansvandeleefomgeving/2012/">http://themasites.pbl.nl/balansvandeleefomgeving/2012/</a>).



#### Conclusions



- We can grow more food and reduce its environmental impact
- There is no "magic bullet" but scope for many innovations in many areas (including biotechnology)
   Unlikely we can grow enough food to meet demand sustainably as it is currently projected (without significant inequality)
- Changing demand (or population size) needed to make space for sustainability
- Social change therefore as important as scientific innovation
- Challenges require significant research investment, important to protect budgets



### Thank you!

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# food

- 1- buy it with thought
- 2 cook it with care
- 3 use less wheat & meat
- 4- buy local foods
- 5- serve just enough
- 6- use what is left

don't waste it.

U.S. POOD ADMINISTRATION