

IFST Chartered Scientist CPD Report example

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| Name | Mr Peter A Nother |
| Organisation and field of business | Prawns-R-Us Ltd – importer and processor of prawns |
| Organisation address | Langoustine House, Shrimp Way, Crayford |
| Job title and/or core responsibility | Senior Buyer (prawns) |

| No. | Date | CPD activity | Brief description of activity or course, including provider, if applicable | Value obtained, skills learnt, learning outcomes, how CPD has benefited the quality of my practice and users of my work | Hours spent ¹ | Verification (e.g. certificate, line manager, self certification) | Category of Learning Activity ² |
|--------------------|--------------|--|---|--|--------------------------|---|--|
| 1 | Feb 2010 | Trip to Japan | Japanese Prawn – High Pressure Processing | Observation of working operations relating to prawns including key control factors relating to quality & performance, engineering issues and financial performance modelling. | 18 | Line Manager | Work based learning |
| 2 | Feb 2010 | Tokyo Seafood Exhibition | Visit for 2 days major Seafood Processing and Market Exhibition | Broad understanding of changes in Japanese market for shellfish as a raw material; discussions on quality issues with wide range of suppliers etc.. | 12 | Line Manager | Work based learning |
| 3 | March 2010 | Prawn Biology | Read Book – The Secret Life of the Prawn | A very deep book written by a Marine Biologist about the Prawn and its Biology. | 12 | Self certification | Self direct learning |
| 4 | Sept 2010 | Attendance at IFST Spring Conference | Innovation for Nutrition & Health: Current developments in fats and oils, and innovation in frying technologies | Broad updating and refreshing on some key areas of interest. | 6 | Certificate of attendance | Formal/ educational |
| 5 | Sept 2010 | Scientific American Special Edition | Diet Health and Food Supply | A Broad review of contemporary research and developments in the fields of diet health and future food supply. A good update and refresher on fundamentals and future directions. | 10 | Self certification | Self direct learning |
| 6 | Nov 2010 | Clever University (part of Fish Studies Dipolma) | Podcast by Prof Smart on Biodiversity of prawn biology in Clever Island | A modern study of population collapse and its reasons together with the rebuilding of the population. | 2 | Self certification | Formal/ educational |
| 7 | April 2010 | IFST 2008 Lecture | Food Allergies: What is all the fuss about? Dr Claire Mills | Her wide-ranging talk covered many issues under current investigation. | 2 | Self certification | Formal/ educational |
| 8 | Through 2010 | Food World Podcasts | Wide Variety of subjects of broad interest. Weekly 1 hr. | About 1 in 6 specifically relevant to my work. | 6 | Self certification | Self direct learning |
| Total hours | | | | | 80 | | |

Notes:

1. A total of not less than 35 hours required on a balanced portfolio of learning activities.
2. Learning activities should include at least 3 of the 5 categories listed on our website.