Student membership

Stand out from the crowd by becoming a member. IFST student membership supports your studies and helps you prepare for your career in the food sector.

Key benefits:

- Quarterly Food Science & Technology magazine
- Access to our international journal
- Admission to face-to-face events and webinars
- Industry technical visits
- Join our local Branches and Special Interest Groups
- Opportunities to network with professionals

How to become a Student Member

Student membership is just £25 a year. Simply fill in and submit the online form at www.ifst.org/studentmembership. You will be asked to enter details such as the course you are studying and its expected completion date.

After graduation you can access our Postgraduate Associate membership for £25 for 3 years after graduation. Any questions? Drop us an email.

Become a Student Representative

Be IFST’s ‘eyes and ears’ at your university to let other students know about the benefits of IFST membership and increase participation in competitions and IFST events. This is a great opportunity to bolster your CV. To apply email: education@ifst.org

Key Responsibilities:

- Promote IFST to students
- Share information about competitions and events
- Help at Branch events local to you
Career development

**Student Launchpad**

If you are trying to kickstart your career, every year we run Student Launchpad. These are events across the UK where you can learn more about graduate careers, meet professionals working in the food sector and learn how to improve your CV and interview skills. For more information - [click here](#).

**Professional development guide**

Find out more about professional development with this handy guide created by an IFST student member: [IFST professional development guide](#).

**Competitions**

**Ecotrophelia**

Ecotrophelia is an EU-wide Dragons’ Den-style competition to develop the best new eco-friendly food product. Teams pitch their product to industry leaders for a cash prize. The winners go on to represent the UK at the European final. From idea generation through to the final packaged product, the competition will give you hands-on experience of what it takes to bring a new product to market. For more information about how to enter this years competition - [click here](#).

**Science Communication Competition**

Have a flair for science communication? Passionate about the biggest challenges we face? Want the opportunity to communicate your passion for science to the wider community? Then this is the competition for you! For more information - [click here](#).

IFST hosts other competitions which we will keep you updated on throughout the year.
Connect

Join a Branch and attend events

Our eight Branches allow you to interact with other local food professionals. They organise various activities including conferences, scientific meetings and factory visits as well as supporting local universities, colleges and schools. IFST runs a large variety of events and webinars. Click below to access our calendar of upcoming events.

Follow us on social media

Our social media channels are a great way to engage with the food sector and keep up to date with news and events. We have LinkedIn, Twitter, Instagram and YouTube.

Contact us

If you have any questions or would like any further information about our membership, competitions or getting involved please do not hesitate to get in touch.

Michelle Pazmino - IFST student member

“Being part of IFST has been important in encouraging me to develop my career skills and boosting my confidence in reaching out to professionals in the food sector. I have been able to build networks and meet admirable people whose paths have served as inspiration in developing a plan to achieve the place in industry I aspire to be in. I would recommend all students to join and experience the benefits of being part of such a supportive community.”

Institute of Food Science and Technology

IFST is the UK’s leading professional body for those involved in all aspects of food science and technology. We are an internationally respected independent membership body, supporting food professionals through knowledge sharing and professional recognition. For membership information click on the link below.

www.ifst.org/studentmembership